



The CARIN Alliance Launches “My Health Application”

WASHINGTON, D.C. -- May 27, 2020 : Today, the CARIN Alliance, a non-partisan, multi-sector alliance focused on providing digital health information to consumers where, when, and how they want to achieve their goals, launched the [My Health Application](#) website. The website offers a vendor and platform agnostic location to help consumers select a health care application of their choice to aggregate their clinical, coverage, and payment information.

We are pleased to announce the inaugural set of 11 consumer-facing applications on the *My Health Application* website (in alphabetical order):

- 1up Health
- b.Well Connected Health
- Buzz Secure Medical Messenger by Skyscape
- Ciitizen
- CommonHealth
- Health Wizz
- iBlueButton by Humetrix
- My Family Health Record by CareEvolution
- MyLinks
- OneRecord
- Quil Health

My Health Application was created by the CARIN Alliance because they recognized the need for a centralized vendor and platform agnostic location for individuals to find applications that would allow them to access and utilize their health data. Individuals will find applications on the website who have attested to the CARIN code of conduct, an industry-leading set of privacy, security, and consent guidelines for consumer-facing applications to follow when handling health information.

When users click on ‘Select an App’, they will find detailed screenshots and information for each application on the ‘Application Gallery’ page. In addition to the CARIN code of conduct, users will also find applications who are affiliated with other trusted sources such as the Centers for Medicare and Medicaid Services (CMS), the Veterans Health Administration, Carequality, CommonWell Health Alliance, 1up Health, and Apple Health. Applications who are affiliated with these trusted sources will help begin to establish trust over time. The consumer can easily link to the application’s privacy policy and terms of service so they can access information about how the application is accessing, using, and storing the consumer’s health information. Over time, the website may include an application’s third-party certifications once those services become more widely available in the market.

The CARIN Alliance envisions a future where consumers can choose an application of their choice to retrieve both their complete health record and complete coverage information from any provider or health plan in the country based on their individual consent sharing preferences. *My Health Application* helps consumers accomplish that goal by offering a transparent way for them to view consumer-facing applications in a single location.

To visit *My Health Application*, go to www.myhealthapplication.com. To apply to have your consumer-facing application listed on *My Health Application*, complete the request form at



The CARIN Alliance

Creating Access to Real-time Information Now through Consumer-Directed Exchange

<https://myhealthapplication.com/list-your-app> and a member of the CARIN Alliance staff will reach out to you.

About the CARIN Alliance

The CARIN Alliance is a non-partisan, multi-sector alliance led by distinguished risk-bearing providers, payers, consumers, electronic health record vendors, pharmaceutical companies, consumer platform companies, digital health companies, and consumer-advocates who are working collaboratively with other stakeholders in government to overcome barriers in advancing consumer-directed exchange across the U.S. The CARIN Alliance vision is to rapidly advance the ability for consumers and their authorized caregivers to easily get, use, and share their digital health information when, where, and how they want to achieve their goals. For more information, please visit www.carinalliance.com or [@carinalliance](https://twitter.com/carinalliance) on twitter.

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